



**Studio Schedule 2023 - 2024**

Studio 1		Studio 2	
<b>Monday</b>			
4:00- 4:45	<i>Competition Rehearsals</i>	4:00- 4:45	Hip Hop (Ages 11 and under) w/ Alexis
4:45- 5:30	Jazz 3 w/ Hayley	4:45- 5:15	<i>Competition Rehearsals</i>
5:30- 6:15	Lyrical 4 w/ Hayley	5:15- 5:45	<i>Open Studio</i>
6:15- 6:45	Progressions 3 + 4 w/ Cali	5:45- 6:45	Adult Hip Hop Cardio
6:45- 7:15	<i>Competition Rehearsals</i>	6:45- 7:15	<i>Competition Rehearsals</i>
7:15- 8:00	Pom Ages 13+ w/ Cali	7:15-8:00	Hip Hop (Ages 13+) w/ Alexis
8:00- 8:30	<i>Competition Rehearsals</i>	8:00-8:30	<i>Competition Rehearsals</i>
<b>Tuesday</b>			
4:00- 4:45	Acro 2A w/ Sam	4:00- 4:45	Jazz 1 w/ Anya
4:45-5:30	<i>Competition Rehearsals</i>	4:45- 5:30	Tap/ Ballet Combo 1 (Ages 4-6) w/ Annie
5:30- 6:15	Acro 1 w/ Sam	5:30- 6:15	Lyrical 2 w/ Annie
6:15- 7:00	<i>Open Studio / Privates</i>	6:15- 7:00	Tap 1 + 2 w/ Julia
7:15- 8:00	Contemporary/Lyrical (Ages 10-15) w/ Sam	7:00- 8:00	Adult Tap + Contemporary Class w/ Annie
<b>Wednesday</b>			
9:00-9:45	Tumble Tots (2.5-4) Sam		
<b>Thursday</b>			
4:15- 5:00	Jazz/ Acro Combo 1 (Ages 5-6) w/ Sam	4:15- 5:00	PreK Combo (Ages 4-5) w/ Annie
5:00- 5:45	Beginner Acrobat (Ages 5-6) w/ Emily	5:00- 5:45	Lyrical / Ballet (Ages 9-12) w/ Annie
5:45-6:30	Acro 1 w/ Emily	5:45- 6:30	Kinderhop Jazz (Ages 4-6) w/ Sam
6:30-7:15	Jazz/Acro Combo 2 (Ages 6-8) w/ Sam	6:30- 7:15	<i>Open Studio</i>
7:15-8:00	Acro 2A w/ Emily	7:15- 8:15	Strenth/Conditioning/Injury Prevention (Ages 13 - Adult) w/ Jasmine
<b>Friday</b>			
4:15-5:00	<i>Competition Rehearsals</i>	4:15- 5:00	<i>Competition Rehearsals</i>
5:00- 5:45	Tap 3 w/ Jasmine	5:00- 5:45	Open Tumbling 1, 2, 3 w/ Sam
5:45-6:30	<i>Competition Rehearsals</i>	5:45- 6:30	<i>Competition Rehearsals</i>
<b>Saturday</b>			
8:00- 9:00	Yoga (Ages 13 - Adult) w/ Laura	9:00- 9:45	Ballet + Tumble Tots (Ages 2-3) w/ Pam
9:30- 10:15	Kinderhop Jazz (Ages 3-5) w/ Sam	9:45- 11:00	Tap/ Ballet/ Jazz Combo (Ages 5-8) w/ Pam
10:15- 11:00	Acro 1 (Ages 6-9) w/ Sam		
11:00-11:45	<i>Privates</i>		
11:45- 12:45	Zumba (Adult) w/ Nao		

\*Please note that a minimum enrollment number of (6) is required to run any of the above dance classes. We will make sure to notify you as soon as possible if you have registered for a class that does not receive enough enrollment to run the class.